

**MENS 100 FR LC****CompTrak Summary**COMP TEAM SWIMMER

	Start (15m)		Swim 1st 50					LC Turn / Turn Av sc			Swim 2nd 50					Finish	End Time	End Time
	B-O (m)	15m (sec)	25m (sec)	50m (sec)	DPS / 50m	SC / 50m	SR / 50m	5m in	B-O(m)	15 out	25m (sec)	50m (sec)	DPS / 50m	SC / 50m	SR / 50m	5m (sec)	(min/sec)	(sec)
WORLD AVERAGE*	10.2	5.4	10.02	22.53	2.4	16.2	52.1	2.8	7.1	6.3	13.42	24.75	2.3	18.2	49.5	2.8	47.29	47.29
CDN-SR RECORD**	10.0	5.4	10.01	22.53	2.4	16.6	53.3	2.8	6.5	6.3	13.41	24.74	2.3	18.8	50.7	2.7	47.27	47.27
AGE CATEGORY																		
170	9.0	5.7	10.90	25.18	2.1	19.5	53.2	3.3	5.5	6.8	12.40	26.74	2.2	20.5	49.3	3.0	51.92	51.92
170	8.0	6.0	11.30	25.54	2.2	19.1	50.8	3.5	4.5	7.0	12.50	27.01	2.1	21.7	51.2	3.3	52.55	52.55
170	9.0	5.9	11.30	25.67	2.4	17.3	47.0	3.4	4.5	7.0	12.40	27.00	2.2	20.4	47.8	3.3	52.67	52.67
170	12.5	5.7	11.00	25.25	2.2	17.0	51.0	3.5	6.5	6.6	12.20	27.08	1.9	22.9	55.8	3.3	52.33	52.33
170	12.0	5.6	10.70	24.85	2.1	18.4	55.0	3.5	7.0	6.8	12.60	27.74	2.1	20.8	49.5	3.4	52.59	52.59
170	10.0	5.9	11.20	25.41	2.3	17.4	49.5	3.4	6.5	6.8	12.60	27.18	2.2	20.1	47.7	3.2	52.59	52.59
AVERAGE	10.1	5.8	11.07	25.32	2.2	18.1	51.1	3.4	5.8	6.8	12.45	27.13	2.1	21.1	50.2	3.2	52.44	52.44
15-16	11.5	5.9	11.10	25.49	2.3	16.7	49.2	3.8	6.5	7.1	12.60	27.30	2.2	19.8	48.0	3.0	52.79	52.79
15-16	10.0	6.0	11.40	25.87	2.3	17.4	48.2	3.7	6.0	7.1	12.80	27.85	2.3	19.4	46.3	3.5	53.72	53.72
15-16	10.0	6.0	11.30	25.63	2.4	16.7	46.0	3.3	6.5	7.3	13.10	28.12	2.4	18.1	43.0	3.4	53.75	53.75
15-16	13.0	6.0	11.40	26.09	2.3	15.9	47.3	3.8	7.0	6.9	12.60	27.21	2.2	19.3	46.8	3.2	53.30	53.30
15-16	11.0	6.0	11.30	25.92	2.3	16.7	48.0	3.9	6.0	6.9	12.70	27.66	2.1	20.6	47.8	3.2	53.58	53.58
15-16	12.0	5.8	11.50	26.13	2.7	14.3	41.0	3.7	9.5	6.8	12.50	27.66	2.5	16.4	42.2	3.4	53.79	53.79
AVERAGE	11.3	6.0	11.33	25.86	2.4	16.3	46.6	3.7	6.9	7.0	12.72	27.63	2.3	18.9	45.7	3.3	53.49	53.49
13-14	8.5	6.4	12.00	27.35	2.2	18.6	47.2	3.8	4.5	7.6	13.30	28.32	2.2	20.4	46.0	3.2	55.67	55.67
13-14	7.5	6.6	12.10	27.36	2.0	20.9	51.2	3.7	4.5	7.6	13.40	28.88	2.0	22.4	50.0	3.5	56.24	56.24
13-14	8.5	6.6	12.20	27.57	2.2	19.2	48.7	3.7	4.0	7.7	13.60	28.97	2.0	23.0	50.2	3.6	56.54	56.54
13-14	8.0	5.9	11.60	27.27	2.1	20.0	49.7	4.0	5.0	7.1	13.30	28.54	2.1	21.1	46.8	3.3	55.81	55.81
13-14	10.0	6.3	12.00	27.50	2.3	17.6	46.2	4.0	5.5	7.1	13.10	29.11	2.1	20.9	45.0	3.4	56.61	56.61
13-14	8.5	6.2	11.80	27.41	2.2	19.2	49.2	4.2	4.5	7.3	13.50	29.20	2.2	20.7	43.8	3.2	56.61	56.61
AVERAGE	8.5	6.3	11.95	27.41	2.2	19.2	48.7	3.9	4.7	7.4	13.37	28.84	2.1	21.4	47.0	3.4	56.25	56.25

CODES: * WORLD AVERAGE - Average of Top 8 World Performances from RSI Data Base

** CDN RECORD MODEL - Based on World Average Models

B-O (m) - Breakout Distance (m)

T (sec) - Split Time (sec)

DPS / 50 - Av Distance per Stroke (metres/stroke cycle) / 50m

SC / 50 - Stroke Count (cyc) / 50m

SR / 50 - Av Stroke Rate / 50m